

USD 511 – Attica Wellness Plan

This plan developed with representation from Elementary, Middle and High School Staff

Committee Membership:

Mary Ann Ricke, Food Director, Chairperson

Shirley Barrett, School Board Member

Mike Sanders, Superintendent

Amber Wood, Science/HS FACS, Parent

Sara Polson, 1st Grade Teacher, Cheerleader Sponsor

Lisa Newman, 4th Grade Teacher, Volleyball Coach

Craig Winters, Physical Ed. Teacher, Spanish Teacher, Parent

Andrea McDaniel, School Nurse/Parent

USD 511 Wellness Committee will meet at least one time per year for the purpose of reviewing state and federal guidelines, reviewing implementation of district wellness plan and making necessary modifications to wellness plan as appropriate or required. Committee will regularly include health, wellness, nutrition and fitness tip in school hallways and in classroom to educate students to a better wellness. The public is invited to be part of this Wellness Committee.